

Lessons We Learned About The Dangers Of Doubt And The Freedom Of Faith

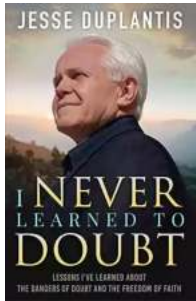
Our faith often serves as the guiding force in our lives, providing us with hope, comfort, and a sense of purpose. It can be a powerful source of strength and resilience when faced with adversity. However, faith is not immune to doubt. Doubt can be a challenging and unsettling experience, casting shadows of uncertainty on our beliefs and shaking the foundation on which our faith stands. In this article, we will explore the dangers of doubt and the freedom that lies in embracing a steadfast faith.

The Natural Path of Doubt

Doubt is an inherent aspect of the human condition. It is only natural for us to question and seek clarity about the world and our place in it. In fact, doubt can be seen as a catalyst for growth and introspection. It prompts us to critically analyze our beliefs, leading to a deeper understanding and a stronger conviction. However, doubt can also become a hindrance if left unaddressed.

When doubt takes root in our hearts, it can slowly erode our faith if we allow it to. It starts with subtle whispers that challenge the core tenets of our beliefs. These doubts can manifest as questions about the existence of a higher power, the purpose of our existence, or the morality embedded in our faith. If left unchecked, these doubts can create a chasm between our beliefs and ourselves, leaving us feeling lost and disconnected.

**I NEVER LEARNED TO DOUBT: LESSONS I'VE
LEARNED ABOUT THE DANGERS OF DOUBT AND THE**



FREEDOM OF FAITH by Jesse Duplantis(Kindle Edition)

★★★★☆ 4.9 out of 5

Language : English
File size : 1418 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 192 pages
Lending : Enabled



The Perils of Doubt

Doubt can give rise to a myriad of negative consequences if not confronted. One of the dangers lies in the erosion of trust. Doubt can lead to questioning the authenticity of religious texts, the intentions of religious authorities, and the teachings we once held dear. This erosion of trust can cast doubt not just on our faith, but also on the institutions that uphold it.

Doubt can also breed a sense of loneliness and isolation. When we start questioning our beliefs, we may find ourselves at odds with our religious community or even our own family and friends who share the same faith. This can lead to feelings of alienation and a loss of communal support, which are integral to the practice of faith.

The Freedom of Faith

In the face of doubt, embracing a steadfast faith can lead to profound freedom. Faith, at its core, is about trust. Trusting in something greater than ourselves, a power beyond our comprehension. Faith allows us to

relinquish control and find solace in the unknown. It grants us the freedom to surrender and seek guidance in times of uncertainty.

Furthermore, faith cultivates resilience. It provides us with the strength to endure hardships and overcome obstacles, knowing that something greater awaits us on the other side. Faith does not guarantee a life free of struggle, but it offers us the courage to face adversity head-on and the hope that our efforts will be rewarded.

Nurturing Faith in the Midst of Doubt

So how can we nurture and strengthen our faith in the midst of doubt?

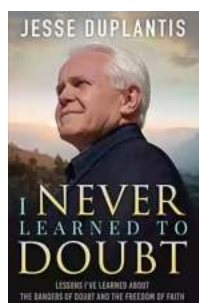
Firstly, we must acknowledge and confront our doubts. Ignoring or suppressing doubt only allows it to grow stronger. Instead, we should actively engage with our doubts, seeking answers and seeking guidance from trusted sources within our faith community.

Additionally, studying religious texts, exploring the wisdom of spiritual leaders, and engaging in spiritual practices such as prayer and meditation can serve as sources of inspiration and reaffirmation. These activities can help us uncover the deeper truths and meaning behind our faith, providing us with a solid foundation to stand upon.

The Journey Towards a Balanced Faith

A balanced faith does not ignore doubt but acknowledges its presence and seeks to understand it. Doubt can be a catalyst for growth, prompting us to reevaluate our beliefs, question dogma, and deepen our understanding. It is through this process of questioning and seeking answers that we can experience a transformative journey towards a stronger and richer faith.

The journey of faith is often accompanied by doubt. It is through navigating doubt, acknowledging its presence, and actively engaging with it that we can preserve and strengthen our faith. By embracing a steadfast faith, we discover the freedom that comes from trusting in something greater than ourselves, cultivating resilience, and seeking solace in times of uncertainty. The dangers of doubt transform into opportunities for growth and exploration, leading us towards a more authentic and balanced faith.



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Doubt is a habit. You aren't born a doubter. You learn to doubt over time, after being hit with the injustices and instability of this world. In this book, I'm going to try to help you go back in time...and regain what you lost. The wonder of faith is a pure thing—a childlike thing—and it's the only thing that works to access God and draw in what you really want. He doesn't respond to need. He doesn't respond to begging or pleading or wishing. God responds to faith.

Doubt has roots. From the beginning of my walk with God in 1974, I decided that if I was going to be a “believer,” then I was going to believe. I had a lifetime of doubting people behind me—but I learned in the Bible that God is not a man that He should lie. I also learned that the roots of doubt must be pulled up in order to make way to receive from God. I began a new way of thinking all those years ago that I am still using today. It’s brought me joy. It’s brought me success over the many challenges I’ve had. And it’s brought me great favor and full peace in a world filled with trouble.

Doubt isn’t what you think. It’s not a passing thought. It’s not pondering the Word of God or reasoning with God, or even with others. Doubt is an inner-lifestyle choice—a bad habit of taking your own word over God’s, your thoughts over God’s, and putting more stock in the words of others over God’s, too. That’s not what living a successful life as a believer is all about! In this book, I hope to help you shut doubt down and develop a mindset that sees God’s truth as bigger than the doubts of the mind...or anything else.

Whatever you do consistently becomes a habit. Yesterday is done, today is here, and tomorrow is coming—the lessons in this book are some of the most important ones I’ve gathered about the nature of doubt, where it came from, and how to stop letting it sway you in life. If you are ready to get back to a place of childlike wonder and to learn how to use the authority God has given you over your own mind, there is no better time than now. Start fresh today. More peaceful, joyful, favored, and blessed days are available, and, like me, you’ll see them come as you develop a habit of never learning to doubt.

— Jesse Duplantis



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